

XABIER LAUCIRICA ZORROZUA

ABOUT ME

With extensive experience in sports at the highest level, including 4 years working with elite players in La Liga's First Division, I am eager to bring my expertise to your team.

During my tenure in La Liga (Getafe CF), I specialized in injury prevention, rehabilitation, and optimal recovery strategies tailored to individual players, often under highpressure conditions. My approach combines cutting-edge technology and evidence-based practices to enhance player performance and minimize downtime. Working alongside talented athletes and professionals, I have developed a keen understanding of the demands of top-tier football and a deep commitment to supporting players' physical health and overall performance.

Inaddition to my technical skills, I am accustomed to the high expectations of a competitive environment. I believe my ability to adapt quickly, combined with my dedication to ongoing learning, makes me well suited.





XABIER LAUCIRICA ZORROZUA

EXPERIENCE

PHYSIOTHERAPIST AND S&C IN FIRST TEAM OF GETAFE FC SAD.

SEASONS 2021–2022 /2022–2023–2023–2024–2025.

- RESPONSIBLE FOR THE CONTINUOUS ASSESSMENT AND DATA ANALYSIS OF FOOTBALLERS USING VARIOUS TOOLS: FORCE PLATES, THERMOGRAPHY, ENCODER, DYNAMOMETRY, GPS...)
- PHYSIOTHERAPY TREATMENT METODS SUCH AS MANUAL THERAPY, BANDAGES, DIATHERMY...
- -ASSISTANCE ON THE FIELD DURING TRAINING AND MATCHES.
- -RESPONSIBLE FOR THE COMPLETE PROCESS OF REHABILITATION IN KNEE SURGERIES.

REHAB COACH IN FIRST TEAM OF GETAFE FC SAD

SEASON 2024-2025

- -RESPONSIBLE FOR INDIVIDUALIZED STRENGTH AND CONDITIONING PROGRAM.
- -RESPONSIBLE FOR INDIVIDIUALIZED REHABILITATION PROCCESS FROM DAY 1 UNTIL RTP.
- -RESPONSIBLE FOR THE CONTINUOUS ASSESSMENT AND DATA ANALYSIS







Xabier Laucirica S&C AND PHYSIOTHERAPIST

Other Education

Medicine in football: FIFA2021



Dry needling: Premium Madrid 2020



Spanish

Basque Native

English

Advanced(C1)

Habilities

Good comunication

Punctual

Teamwork

Constant learning

Curious

Ambicious

Apasionate

Qeres

Muscular injuries and tendynopathies of lower limb: GeresFormacion

Qeres

Clinical reasoning and diagnosis: GeresFormacion 2021

Basic Life Support: NHCPS 2022

Certified Functional Strength Coach Level 1: CFSC 2024



Absolute Speed Trainning: Exos 2023



Energy Systems Developmen: Exos 2024

Other experience

Hospital Quiron Pozuelo: 2016

Hospital Jiménez Díaz: 2017



Hospital and Rehabilitation Clinica Cemtro (spezialised in knee CEMTRC surgerys):2018

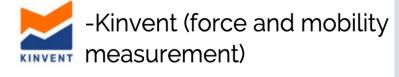
Xabier Laucirica S&C AND PHYSIOTHERAPIST

Technology using -WIMU (GPS)





ALTER G Alter G (antigravitatory)





Ecography (HS 500 Samsung)

Education



Physiotherapy: Universidad Europea de Madrid 2014-2020



Sport science: Universidad Europea de Madri 2014-2020



Postgrade expert on muscular ecography::Universidad Europea de Madrid 2021



Postgrade expert on prevention and rehabilitation in sport injuries: Universidad politécnica de Madrid 2021



Physical and strength coach specialised in foltball: Universidad Upload

Europea de Madrid 2014-2020