GOALKEPING COACH

MATEUSZ GWIZD



02/06/1986









Philosophy (**)



As a goalkeeping coach, I apply a holistic approach to the development of players, focusing on every aspect of their game. Each goalkeeper is treated individually, with consideration of their technical, tactical, physical, and mental needs. Key to my methodology is building solid technical foundations such as line defense, 1v1, ball control, footwork, and playing out from the back, which are continuously improved through regular analysis and training adjustments.

I emphasize the importance of tactical understanding of the game, teaching goalkeepers to effectively read plays and communicate with the defense, enabling them to make quick decisions under pressure. Regular assessment of progress allows me to flexibly adjust training programs to the dynamically changing requirements and conditions of the game.

I also focus on innovation, integrating the latest technologies and training methods that support the development of goalkeepers and enhance their efficiency on the field. My approach ensures that goalkeepers are not only technically prepared but also become key tactical elements of the team, translating into their comprehensive development and professional success.

Education 🛴

09.2001 - 06.2003 Sports Championship School in Krakow - Faculty of football

10.2005 - 07.2008 Wszechnica Świętokrzyska w Kielcach - Faculty of Physical Education i (bachelor's degree)

Certificates









June 2024 FAW/UEFA A Goalkeeper

September 2019 UEFA A

February 2018 Psychologia sportu FA Level 1

January 2017 FA/UEFA B LICENCE GOALKEEPING

September 2016 FA YOUTH LEVEL 2

August 2015 FA YOUTH LEVEL 1

August 2014 FA GK LEVEL2

March 2014 FA GK LEVEL 1

Intership



<u>1PSWICH TOWN F.C.</u> <u>24-30/04/2018</u>



AJAX AMSTERDAM 20-24/11/2014



LIVERPOOL 16-20/11/2017



PSV EINDHOVEN 15-19/11/2014



CRYSTAL PALACE 01-08/06/2015



F.C. TWENTE 10-14/11/2014



Experience



06.2021 - AT PRESENT Korona Kielce S.A.

Head of Goalkeeping Coach and first team goalkeeping coach







39

Promotion

official matches

official matches

02.2019 - 06.2021 Miedz Legnica S.A.

Head of Goalkeeping Coach and second team goalkeeping coach

official matches III liga 2019/2021, grupa: III







03.2017 - 10.2018 Birmingham F.C. Goalkeeping Coach U8-U16



07.2016 - 02.2017 Tamworth F.C. Goalkeeping Coach U16-U18



02.2016 - 09.2018 Shrewsbury Town F.C.

Goalkeeping Coach U8-U14





Paul Jayes
COVENTRY CITY
Head of Academy Recruitment

I have been working with Mateusz for 2 years now in various roles and I must say it is a pleasure to work with him and watch him develop into an excellent young coach. And how goalkeepers have progressed under his training. Mateusz is a hardworking and reliable goalkeeper coach who has made significant strides in his personal development. His attention to detail is unmatched and I would not hesitate to recommend him to any organization or individual in need of elite goalkeeper coaching services from a knowledgeable professional.





Tomek Syska
MIEDŹ LEGNICA
Director of the Academy

Coach Mateusz Gwizd is primarily a professional in every aspect of training. His highly qualified substantive preparation for the role of Coach ensures a quality level of work with goalkeepers, as well as an assessment of their potential and identification of predispositions. Positive energy in training and relationships with players, along with a work ethic, are among the most important characteristics of Coach Mateusz. A key aspect of Coach Mateusz's work is also the ability to manage collaborators and to instill in them a cohesive vision and training methodology.



Thomas Peevor
SHREWSBURY TOWN F.C
FAW Club Development
FA Coach Development



I met Mateusz when he was working as a goalkeeper coach at the Shrewsbury Town FC Development Centre. His commitment to this role was extraordinary. Mateusz not only demonstrated a deep passion for his work but also served as a role model for the young players, which clearly translated into their progress and development. His enthusiasm and professional approach had a tremendous impact on the development of the team's goalkeepers. He was certainly one of those coaches who not only teach but also inspire.



Craig Gill
BIRMINGHAM CITY F.C.
Director Development Center



What impressed me about Mateusz was his approach to training, which was always very well-prepared and smoothly conducted. He is characterized by patience and consistency in his actions, making the players feel supported and understood. His training methods are modern and effective, and his individual approach to each goalkeeper translates into their continuous development and improved results. Undoubtedly, he is a coach who can bring out the best in his players and prepare them for challenges at the highest level.



LEGIA WARSZAWA

GKS TYCHY





While playing at Legionovia, I caught the attention of other clubs, including Lechia, Wisła Kraków, and Miedź Legnica, where Coach Mateusz Gwizd was working. It was thanks to him that I joined Miedź. We spent a year together, filled with challenges due to the pandemic, but his commitment and guidance enabled me to make progress that allowed me to return to Legia. Coach Gwizd, who draws knowledge from abroad, impressed me with his professionalism. I've been fortunate to work with leading goalkeeper specialists, and Coach Gwizd is definitely among them. His coaching skills are of the highest level.



https://www.transfermarkt.pl/maciej-kikolski/profil/spieler/807782



I met Coach Gwizd at Miedz Legnica when I was coming back from an injury. From the beginning, we had great rapport, which was new to me; it was the first time a coach spoke so openly with me. As a coach, he is not only an excellent specialist but also a wonderful person. His approach, focus on details, and innovation in training significantly contributed to my development. Thanks to him, I had the opportunity to work with a mental coach, which helped me overcome difficulties and resulted in visible progress and a chance to play in the reserves. Coach Gwizd had a key impact on my playing at the central level today. His ability to develop strengths and improve weaknesses definitely enhanced my development as a player.



https://www.transfermarkt.pl/karol-szymkowiak/profil/spieler/531460





His approach to training is very diverse, allowing for comprehensive development of goalkeeping skills. Each exercise is carefully planned and focuses on developing all possible aspects of the game. Additionally, this coach places great emphasis on discipline and professionalism, which is evident in every aspect of his work. He is someone who not only expects high standards from his players but also consistently sets and adheres to them himself. His match analyses and individual sessions with players allow for continuous evaluation and adjustment of training.



https://www.transfermarkt.pl/xavier-dziekonski/profil/spieler/699400

This coach is always perfectly prepared for each training session, ensuring that every minute is fully utilized and that goalkeepers can get the most out of it. His training plans are carefully developed to include not only goalkeeping techniques and tactics but also physical and psychological elements essential for optimal performance on the field.

Thanks to his mental support and motivation, players always feel perfectly attuned and prepared for upcoming match challenges. Moreover, his ability to adapt training to the individual needs and capabilities of each goalkeeper allows for effectively addressing weaknesses and developing strengths. This coach approaches his players with great commitment and empathy, creating an environment where they can not only develop but also feel safe and supported.



https://www.transfermarkt.pl/konrad-forenc/profil/spieler/121154







Alan Madaliński

GÓRNIK POLKOWICE

I had the pleasure of training with Coach Mateusz for the entire season, and I must admit that it was an incredibly valuable time for me. Mateusz is a coach who is 100% dedicated to his work, which is evident in every aspect of his actions. His determination to maximize the potential of each player is truly impressive. Regardless of whether we are talking about technical skills or physical condition, Mateusz always found a way to motivate us to work harder and help achieve our individual goals. His approach to training is highly professional, but equally important, he can create a great atmosphere. Thanks to his interpersonal skills and ability to create a cohesive team, the training sessions were not only effective but also enjoyable. Mateusz managed to balance demanding training with lightness and humor, which made even the hardest sessions pass in a good mood.



https://www.transfermarkt.pl/adrian-sandach/profil/spieler/750934

Coach Mateusz Gwizd is one of the best goalkeeping coaches I have had the pleasure to work with. Coach Gwizd develops a goalkeeper in all aspects: technically, tactically, physically, and mentally. He pays great attention to detailed analysis of training and matches, which allows him to quickly identify a goalkeeper's weaknesses and then work on them. He tailors training individually to the goalkeeper and uses modern training methods that significantly accelerate a goalkeeper's development. In training, Coach Mateusz recreates match situations, enabling the goalkeeper to differentiate and better respond to in-game scenarios. A goalkeeper trained by Coach Gwizd plays high, intercepting passes behind the defensive line. He is loud and communicative, and most importantly, he makes quick and accurate decisions because he understands the game.



https://www.transfermarkt.pl/alan-madalinski/profil/spieler/867154