



## Carla Martinez Cuadros

### Soccer Coach

**Date of birth**

Nov 7, 1996

**Nationality**

Spanish



### EXPERIENCE

*Barcelona, Spain*

*Nov 2023*

*Dec 2024*

**Soccer coach (boys/girls)**

**FC Barcelona**

Head coach Young boys and girls 10-18u.

*L'Estartit, Spain*

*Gen 2024*

*Jun 2024*

**Soccer Coach (girls)**

**UE l'Estartit**

Assistant coach young girls 17-18u.

Physical Trainer first team and young girls.

*Barcelona, Spain*

*Nov 2023*

*Dec 2023*

**Soccer Coach (girls)**

**FC Barcelona**

Coaching young girls 14-18u.

*Torroella de Montgrí, Spain*

*Gen 2023*

*Jun 2023*

**Soccer Coach (boys)**

**EF Baix Ter**

Coaching young boys 15-16u.

*Vopnafjörður, Iceland*

*May/Aug 2022*

*Jun/Sep 2024*

**Soccer Coach (boys/girls)**

**Einherji**

Coaching young boys 8-14u.

*Lubbock, TX*

*Aug 2021*

*Dec 2022*

**Soccer Coach (girls / boys)**

**Lubbock Christian University**

Coaching young girls 5u, 7-9u, 13-14u.

*Banyoles, Spain*

*Aug 2019*

*Jun 2021*

**Soccer Coach (boys)**

**CE Banyoles**

Coaching and assistant coach young boys 9-10u, 11-12u, 14-16u.

*Torroella de Montgrí, Spain*

*Jun 2021*

*Aug 2021*

**Soccer Coach (girls / boys)**

**Campus Xumetra**

Coaching young kids 7-9u, 10-12u, 13-14u.

*Torroella de Montgrí, Spain*

**Soccer Coach (boys)**

Aug 2017	<b>EF Baix Ter</b>
Jun 2019	Coaching young boys 7-9u, 10-12u.
Girona, Spain	<b>Tactical Analyst (boys)</b>
Feb 2021	<b>Girona FC</b>
May 2021	Tactical analyst for first team and 13-15u, 16-18u. Skills for search new young players (scouting).
L'Estartit, Spain	<b>Soccer Coach (girls)</b>
Aug 2010	<b>UE l'Estartit</b>
Jun 2018	Coaching and assistant coach young girls 5-7u, 8-10u, 11-13u, 14-16u. Coaching the first team in 1st Catalan Division.

## EDUCATION

Lubbock, TX	<b>MAT in Teaching in Secondary Education</b>
Aug 2021	<b>Lubbock Christian University</b>
Dec 2022	
Girona, Spain	<b>Degree Physical Activity and Sports Science</b>
Sep 2017	<b>EUSES, University of Girona</b>
Jun 2021	

## CERTIFICATIONS & COURSES

- **USSF** license (2023)
- Soccer Tactical Analyst Certificate at Barça Innovation Hub-Universitas. (2021)
- **UEFA A** Coach (2021)
- Safeguarding Children Certificate, FA Education (2020)
- **UEFA B** Coach (2018)
- CPR and AED certificate (2014)

## LANGUAGE

<b>Catalan</b>	<b>English</b>	<b>Italian</b>
Native	B2	B1
<b>Spanish</b>	<b>French</b>	<b>Icelandic</b>
Native	A2	A1

## SKILLS

- Teamwork
- Soccer coaching
- Leadership
- Training skills
- Mentoring and leadership skills
- Asset and equipment management
- Conflict management skills
- Interpersonal and relationship skills
- Soccer analytics
- Computer skills
- Video Analysis

## PROFESSIONAL CAREER

### **EF BAIX TER (2002/2004)**

Pre benjamín (u5,u6) Primera División Catalana

### **UE L'ESTARTIT (2004/2013)**

Benjamín (u7, u8) Primera División Catalana  
Alevín-Infantil (u9-u13) Primera División Española  
Cadete-Juvenil (u14, u15) Primera División Española  
Debut en Primera División Española femenina "Superliga" (u14)

### **BASCARA (2013/2014)**

Primera División Catalana, Catalonia

### **UE L'ESTARTIT (2014/2018)**

Cadete-Juvenil (u17) Primera División Española  
Liga 2ª División Femenina – Grupo III, Spain

### **UE PORQUERES (2018/2019)**

Preferente Femenino, Catalonia

### **VIC RIUPRIMER (2019/2020)**

Primera Nacional Femenina, Spain

### **GIRONA FC (2020/2021)**

Primera Nacional Femenina, Spain

### **LUBBOCK CHRISTIAN UNIVERSITY (2021/2022)**

NCAA DII, Texas, USA

### **EINHERJI (2022/2023/2024)**

Second Division, Vopnafjörður, Iceland

### **US LECCE (2023)**

Serie C, Lecce, Italy