



EVER PERDOMO CAICEDO

STRENGTH, CONDITIONING TRAINING AND REHABILITATION COACH.

CONTACT



ABOUT ME

Bachelor in Physical Activity and Sports Sciences. I stand out for my leadership skills, analytical thinking, and self-confidence. I believe in continuous learning to grow both as a professional and as a person.

I have extensive knowledge in the field of strength training and sports rehabilitation, athlete load management, GPS data analysis for sports development.

I am characterized by being methodical, competitive, motivated, disciplined, and efficient with time. I am focused on achieving goals, confident in my abilities, passionate about my work, and possess strong communication and adaptability skills.

EXPERIENCE

Strength & Conditioning Coach at:

- FC Nouadhibou - FC Nouadhibou - Mauritanian League 1 and qualification for the African Champions League (2024).
- Unió Esportiva Sant Andreu - 2da RFEF (2023 - 2024)
- U.E. Sant Joan- Atl. de Montcada - Ira Catalana Amateur (2023 - 2024)
- F.C.Barcelona Rugby - Absolute Honor Division (2022-2023)
- Athletic BCN - Dubai (2024 - current)



Personal Trainer and Gym Technician at:

- Personal Trainer at own brand (2018 - current)
- Cos Program (2022)
- Llinarsport S.L. sports complexes in Sant Joan Despí (2018-2023)



ACADEMIC STUDIES

2023-2024 Master's Degree in Sports Training and Rehabilitation
Ramon Llull University, Blanquerna

2019-2023 Undergraduate Degree in Physical Activity and Sports Sciences, with a specialization in Training and Health
Ramon Llull University, Blanquerna

2016-2018 Higher Degree in Physical and Sports Activities Animation
IES Joaquim blume

LANGUAGES

Spanish: Native

Catalan: Native

English: Advanced

French: Basic level