

ÀNGELA LLORET ADROVER



PROFILE

I am an active, hard worker, dynamic, and responsible individual with a strong desire to continually learn and enhance my skills in both sports and business. Holding a degree in Sports Management with a specialization in Human Performance and currently pursuing a Master's degree in Sports Management, I possess expertise spanning various aspects of sports, including coaching, player development, financial, and business domains. My coaching background has honed my communication, leadership, and management skills, enabling me to effectively lead teams and guide student athletes towards their best selves. Fluent in three languages (catalan, English, and Spanish), I excel in establishing and maintaining productive client relationships within multicultural environments.

EDUCATION

January 2023 – Actually **William Penn University** (United States of America)
Master's degree: Sport management

August 2019 – May 2022 **Culver-Stockton College** (United States of America)
Bachelor of Science: Sport Management; Sum·ma Cum Lau·de
Minor: Human Performance Specification
Honors: Academic All Heart of America Athletic Conference
3.8 GPA

August 2017 – May 2019 **Colegio Internacional Lope de Vega** (Spain)
TAFAD: Técnico Superior en Actividades Físicas y Animación Deportiva
“Superior Technician in Physical Activities and Sports Animation”

April 2017 – May 2017 **Colegio Internacional Lope de Vega** (Spain)
Curso de Técnico en Sala de Musculación y Entrenamiento Personal “Weight Room and Personal Training Technician Course”

Junio 2017 **Colegio Internacional Lope de Vega** (Spain)
Monitor de Ciclo Indoor “Indoor Cycling Instructor”

WORK EXPERIENCE

Graduate Assistance Soccer Coach 2023/24 William Penn University Women's Soccer Team.

- Assist the coach with daily tasks.
- Assist with recruiting new players
- Instruct players on precise soccer playing techniques.
- Help improve team performance
- Supervise training and coaching sessions.

Internship Assistant Soccer Coach 2022 Culver Stockton College Men's Soccer Team.

- Assist the coach with daily tasks.
- Assist with recruiting new players
- Instruct players on precise soccer playing techniques.
- Help improve team performance
- Supervise training and coaching sessions.

La Nucia Soccer Coach 2020

- Boys and girls between the ages of 6 and 13.
- Help improve team performance.
- Establish a positive atmosphere in the team for learning and having fun
- Training sessions according to the level of the players.

Monitor of a multi-sport summer camp 2017 Colegio Internacioanl Lope de Vega.

- Boys and girls from 8 to 15 years old.
- Practice of different group sports like soccer, basketball, padel, handball and rugby.
- Help children develop important social, emotional and cognitive skills.

Instructor in weight room 2017 Colegio Internaciona Lope de Vega

- Supporting the development and delivery of fitness programs.
- Ensuring the safety of clients during trining sessions..

Swimming instructor 2016-2017 Colegio Internaciona Lope de Vega.

- Children from 0 to 10 years old.
- Help infants learn water survival skills
- Helping children to learn to swim.
- Helping to improve their swimming technique

COMPETENCIES

- Full proficiency in Spanish (native), English and Catalan. Excellent oral and written communication.
- Strong knowledge of sports especially soccer.
- Semi-professional soccer player (Second Division) in Spain.
- Named 2021 Heart Women's Soccer Second Team All-Conference..
- Driver's license.