



Borja Torrico Caballero

PHYSICAL ACTIVITY AND SPORT SCIENCES

ABOUT ME

Bachelor's Degree in Physical Activity and Sport Sciences and MA in Big Data applied to Football Scouting in collaboration with Sevilla FC. Currently, I am expanding my knowledge with the UEFA C Football Coaching Licence.

My education has enabled me to work as an analyst, strength, conditioning and fitness coach.

I aspire to find a job where I can develop the skills acquired during my academic training.

WORK EXPERIENCE

Swimming Instructor and Lifeguard

Hinojosa del Duque Local Swimming Pool | 2022- 2023

Villanueva del Duque Summer Swimming Pool| Summer season 2022

- Teaching swimming at different ages (children, adults and seniors) and at different levels (beginners and high performance).
- Promotion of physical activity and sport for health.
- Strong communication skills for problem solving.

Volunteer Organiser / Assistant

Hinojosa del Duque local government, Sport Department

| 2018- Nowadays

- Learning the complexities of organising sporting events.
- Collaboration in the success of these races.
- Acquisition and improvement of communication skills.
- Active contribution to the promotion of sporting values.

Entertainer and Sports Coach

ANIMA 3 EVENTOS, S.L. (Entertainment) | 2018- Nowadays

- Design and implementation of different activities, always related to the promotion of physical activity and sport.

Coach in Box de CrossFit

Crosstraining Rock Box | 2022- Nowadays

- Design of group and individual CrossFit sessions.
- Check and control during lessons and training sessions.
- Teaching of gymnastic and weightlifting movement techniques.

Football coach

CAMPUS DEPORTIVO ANTONIO CASAS Y JAVI FLORES | 2018

- Coaching in physical training, techniques and tactics in football.
- Teaching children (different ages)



SKILLS

- Problem-solving skills
- Proficient in video analytics tools
- High level of proficiency in the use of analytical tools such as PowerBi, Tableau, Python and R
- Proficiency with Office tools
- Ability to adapt to the needs of the athlete
- Certified knowledge of Sports Nutrition
- Strong communication skills

LANGUAGES

Spanish: Native speaker

English:B2 Trinity College London

MORE INFORMATION

- Driving licence
- Own vehicle
- Total availability



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Strength, Conditioning & Fitness coach

SANO CÓRDOBA | 2022

- Training and implementation of individual physical preparation focused on performance and rehabilitation of both bone and muscle injuries.
- Designing individual and group training sessions according to the different goals and clients.

Strength & Conditioning Coach Assistant

Senior Team of A.D. Cerro del Águila (Seville) | 2020- 2021

- Training players for 2020-2021 season competition.
- Dealing with adult athletes.
- Injury prevention and rehabilitation throughout the season.

Strength & Conditioning Coach

Sub 12 Team of Centro Histórico AA.VV. | 2019- 2020

- Overcoming the difficulty of motivating and teaching children to play football.
- Dealing with conflicts in training sessions.
- Training players for all season competition.

ACADEMIC BACKGROUND

Course in Professional Tactical Analyst in Football

Real Federación Andaluza de Fútbol (RFAF) | 2023-Nowadays

UEFA C Football Coaching Licence

Real Federación Española de Fútbol | 2023-Nowadays

MA in Big Data applied to Football Scouting

Sports Data Campus - Universidad Católica of Murcia in collaboration with Sevilla FC | 2022-2023

Bachelor's Degree in Physical Activity and Sport Sciences - Football specialization

Seville University | 2018-2022

High School Diploma in Health Science

IES Jerez y Caballero High School | 2016-2018

ADDITIONAL BACKGROUND

Aquatic Lifeguard Certification (180h)

ENSSAP, Escuela Nacional de Socorrismo y Salvamento Acuático Profesional | Cordoba 22/02/2020 | Renewed: 10/06/2022

Baby Swimming coach Certification (40h)

ENSSAP, Escuela Nacional de Socorrismo y Salvamento Acuático Profesional | Córdoba, 22/02/2020 | Renewed: 10/06/2022

Certificate of Achievement of the course Use and Handling of Automated External Defibrillation - AEDs (8h)

ENSSAP, Escuela Nacional de Socorrismo y Salvamento Acuático Profesional | Cordoba, 22/02/2020 | Renewed: 10/06/2022



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CIENCIAS DE LA ACTIVIDAD FÍSICA Y EL DEPORTE

REFERENTS

Miguel Ángel Gómez Benítez

Football Director of the Spanish First and Second Division.
Ex-UD Ibiza, Sevilla FC and Real Valladolid CF.

Daniel del Valle García

Professional Football Analyst in Sevilla FC. Ex-Real Valladolid CF.

Carlos María Antón Gómez

Ex-Strength and Conditioning Coach Sevilla FC.

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